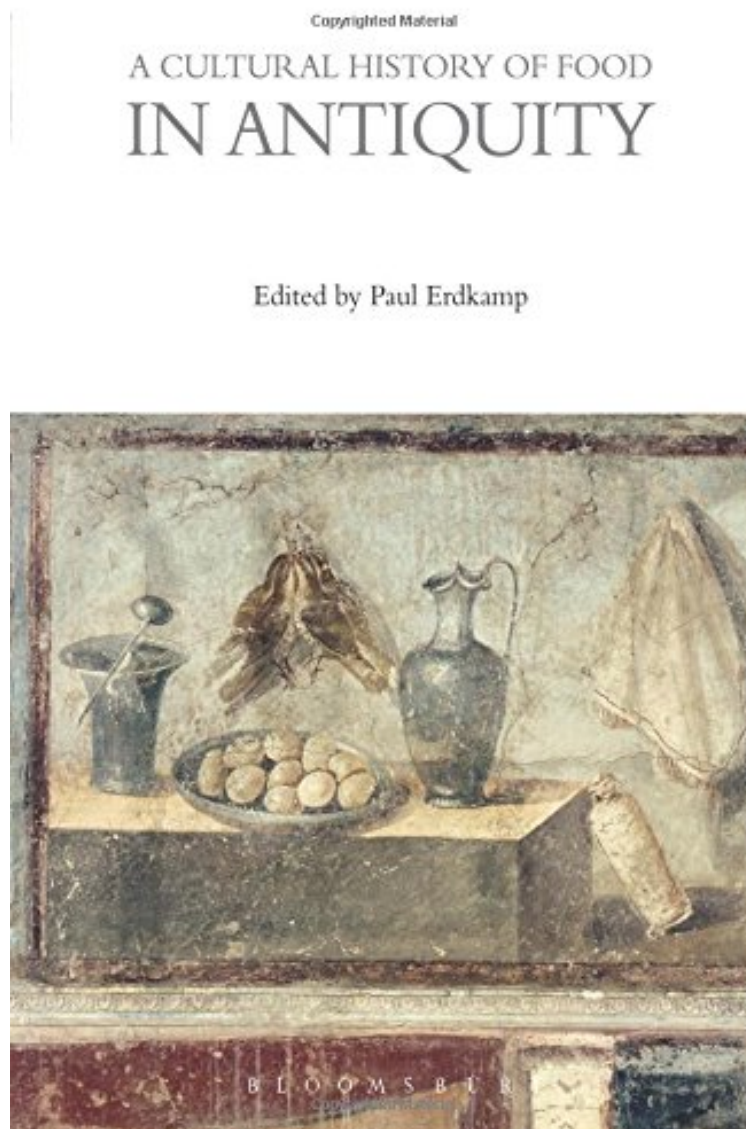


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A Cultural History of Food in Antiquity (The Cultural Histories Series)

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From Bloomsbury Academic : A Cultural History of Food in Antiquity (The Cultural Histories Series) before purchasing it in order to gage whether or not it would be worth my time, and all praised A Cultural History of Food in Antiquity (The Cultural Histories Series):

From Archaic Greece until the Late Roman Empire (c. 800 Bce to c. 500 Ce), food was more than a physical necessity; it was a critical factor in politics, economics and culture. On the one hand, the Mediterranean landscape and climate encouraged particular crops notably cereals, vines and olives but, with the risks of crop failure ever-present, control of food resources was vital to economic and political power. On the other hand, diet and dining reflected complex social hierarchies and relationships. What was eaten, with whom and when was a fundamental part of the expression of one's role and place in society. In addition, symbolism and ritual suffused foodstuffs, their preparation and consumption. *A Cultural History of Food in Antiquity* presents an overview of the period with essays on food production, food systems, food security, safety and crises, food and politics, eating out, professional cooking, kitchens and service work, family and domesticity, body and soul, representations of food, and developments in food production and consumption globally.

[T]he six volumes of *A Cultural History of Food* provide an enlightening and fascinating insight into the history of food and its development throughout history in an authoritative and accessible style. Social SciencesAbout the AuthorPaul Erdkamp is Professor of Ancient History at the Flemish Free University of Brussels, Belgium. He is author of *Hunger and the Sword; Warfare and Food Supply in Roman Republican Wars*; and *The Grain Market in the Roman Empire*; and editor of *The Cambridge Companion to Ancient Rome* (2013).