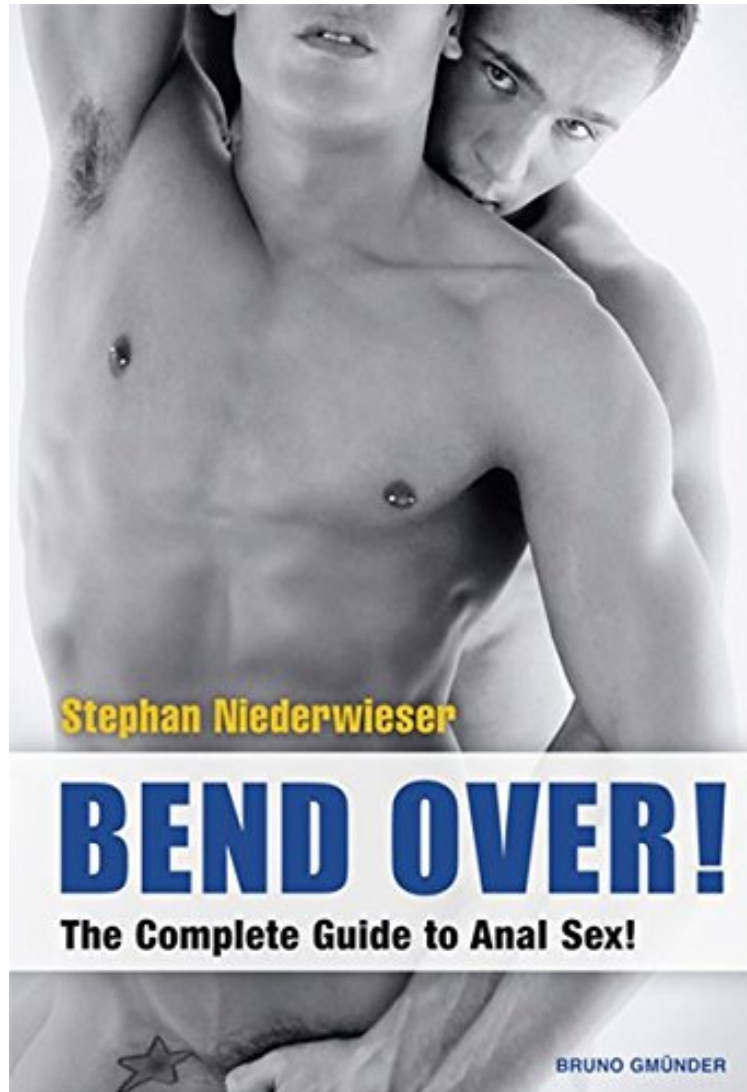


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Bend Over: The Complete Guide

Stephan Niederwieser

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Stephan Niederwieser : Bend Over: The Complete Guide before purchasing it in order to gage whether or not it would be worth my time, and all praised Bend Over: The Complete Guide:

1 of 1 people found the following review helpful. Four StarsBy Lorencio Shiu MateoOne of the best book about gay sex and relationship0 of 0 people found the following review helpful. Five StarsBy GregGood Info and Guide1 of 1 people found the following review helpful. Might be good for beginnersBy Mr. TThe book CLAIMS to be of value for beginners and the more experienced, but I didn't find anything of interest. There was an enormous amount about basic hygiene and safe sex issues. A lot of attention to everything that can go wrong (and how to avoid it -- useful for beginners) but very little about how to make it go right -- what to do to get the most pleasure out of it. All of the

downside; not much of the upside; and all of it fairly basic.

Bend over - two words that can provoke a lot of anxieties. Will it hurt? Will I be able to relax? Will I enjoy it? Do I have judgments about myself for being a bottom? (Do I have judgments about intercourse in general?) What's the risk of infection? And tops are hardly anxiety-free: Am I staying hard? Am I big enough? Do I do well? Is this a good position? And again: what's the risk of infection? Bend Over tackles these and other questions head on. Geared toward both the beginner as well as the seasoned practitioner, Bend Over is a comprehensive, user-friendly guide to the unique pleasures of anal intercourse. Everything is covered, from basic anatomy and solo entertainment to technique, positions, toys, lube, SM and much, much more-with a sharp focus on the dynamics behind gay male intercourse as well packed with information, Bend Over is conversational and funny and never lets you forget that the bottom line in anal intercourse is fun.

About the AuthorStephan Niederwieser is the bestselling author of several sex guides and five novels. He studied German language and literature, is trained as a natural healer and psychotherapist, and conducts family constellation workshops. He lives in Berlin, Germany. Available in English are his sex guides Bend Over! The Complete Guide to Anal Sex, Blow Me! The Complete Guide to Oral Sex and Do It Yourself! The Complete Guide to Masturbation.