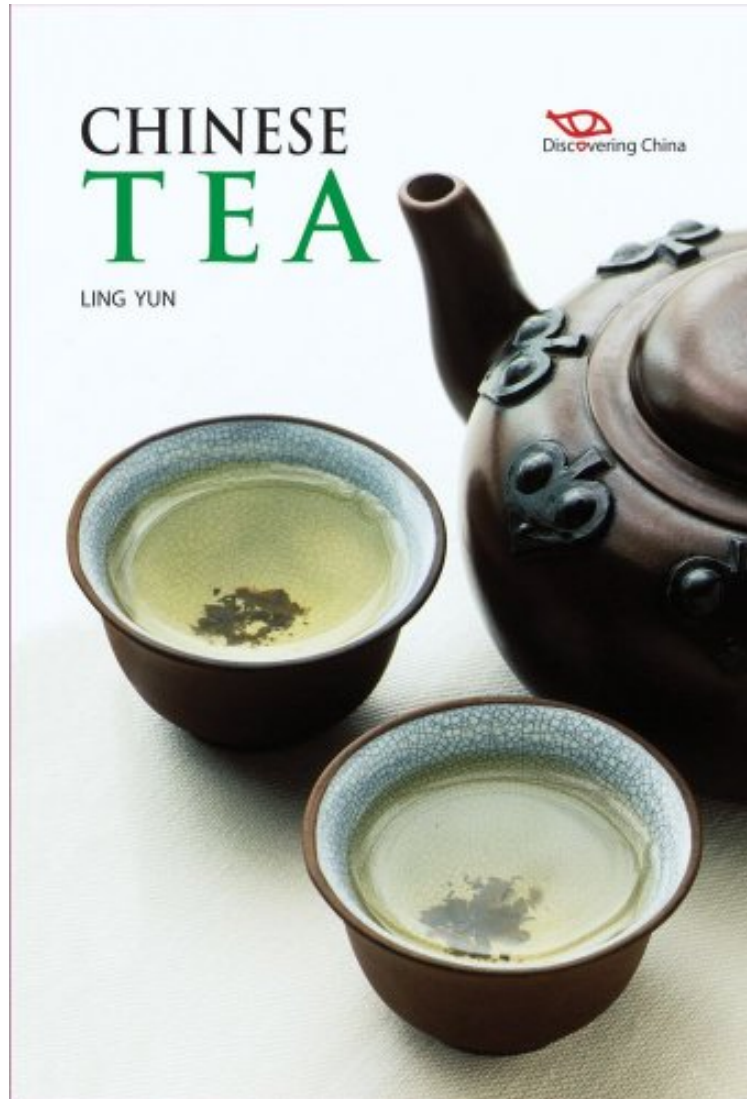


[Library ebook] Chinese Tea (Discovering China)

## Chinese Tea (Discovering China)

Ling Yun

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#1829872 in Books Shanghai Press, Better Link Press 2010-09-10 2010-09-10Original language:EnglishPDF # 1 8.25 x .50 x 5.50l, .78 #File Name: 1602201064112 pages | File size: 59.Mb

**Ling Yun : Chinese Tea (Discovering China)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Chinese Tea (Discovering China):

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With over 120 stunning color photographs and illustrations, Chinese Tea is an exploration of this treasured beverage in

China. An excellent companion for those who have an interest in Chinese tea and its rich traditions. Learn about the history of Chinese tea, the 10 most popular Chinese teas and the philosophies and wisdom behind drinking tea. This book introduces the delicately crafted art of the tea ceremony, and the etiquette of drinking tea at a traditional tea house. It also teaches the reader how to prepare Chinese tea at home, along with touching upon the health benefits of tea. Chinese Tea offers: A practical guide to the most popular Chinese teas, and an overview of the utensils used to brew the perfect cup of tea An introduction to the Tao of Chinese Tea An explanation of the art of tea, which shows how tea drinking can be regarded as a representation of the oriental culture The health benefits of drinking tea

"this small book is packed full of information including health benefits of tea. It is the perfect book to see the history of tea and its uses in China. It also goes through the various types of tea and the most popular in China." Crafty Moms Share blog From the Inside Flap