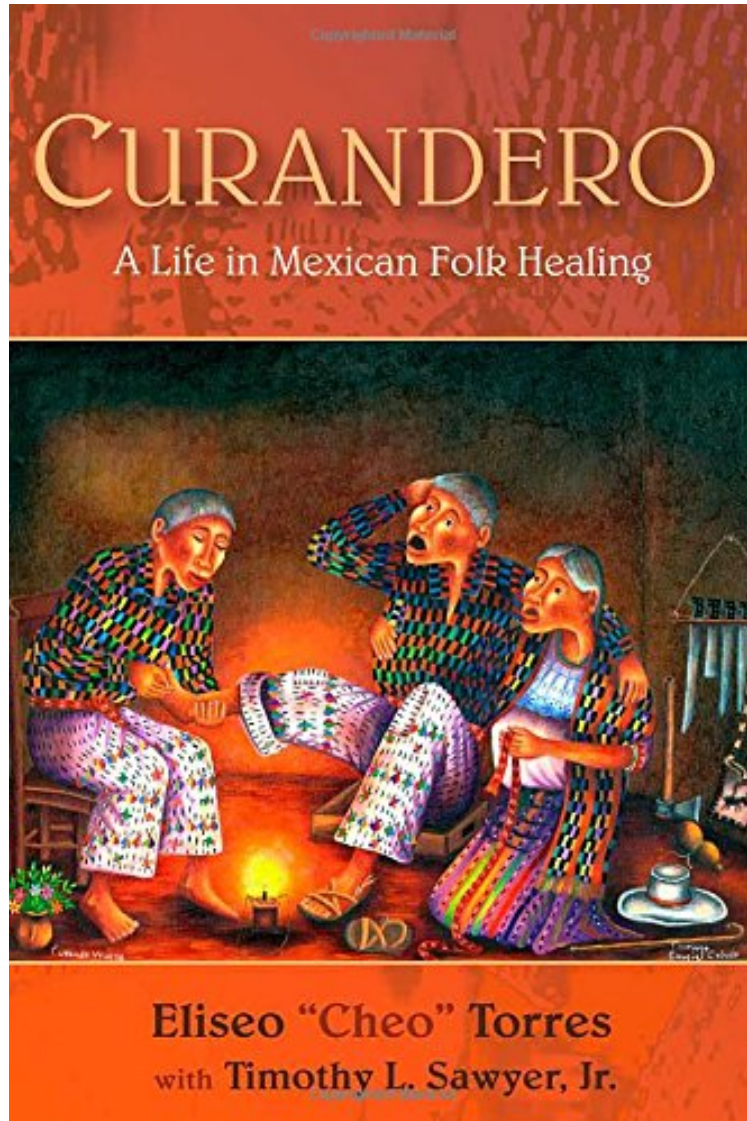


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Curandero: A Life in Mexican Folk Healing

Eliseo Torres, Timothy L. Sawyer
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Eliseo Torres, Timothy L. Sawyer : Curandero: A Life in Mexican Folk Healing before purchasing it in order to gage whether or not it would be worth my time, and all praised Curandero: A Life in Mexican Folk Healing:

1 of 1 people found the following review helpful. An excellent introduction to the art of curanderismoBy Scott CockrellAn excellent introduction to the art of curanderismo. This is not a how-to manual, but is instead a look at how curanderismo fits into Mexican-American culture and how the curandero can work along with modern medicine in Mexican-American communities.Curandero is an entertaining read, full of anecdotes from the author's experiences

with curanderismo. The book also introduces the reader to some of the great curanderos of the past, such as Teresita and El Nio Fidencio, and explains some of the spiritual illnesses that curanderismo treats, like susto and mal de ojo. 2 of 2 people found the following review helpful. I would highly recommend this book to anyone interested in this field. By Douglas FI had a chance to meet this author at a two week class at University of New Mexico, and he is by far the world's expert on this topic. I would highly recommend this book to anyone interested in this field, and the author Cheo Torres is an amazing person to know. 5 of 5 people found the following review helpful. Curandero - it took me back to my childhood! By Lillian E. Wold It was interesting to read about the same rituals and healing traditions that were practiced in my family when I was young.

Eliseo Torres, known as "Cheo," grew up in the Corpus Christi area of Texas and knew, firsthand, the Mexican folk healing practiced in his home and neighborhood. Later in life, he wanted to know more about the plants and rituals of curanderismo. Torres's story begins with his experiences in the Mexican town of Espinazo, the home of the great curandero El Nio Fidencio (1899-1939), where Torres underwent life-changing spiritual experiences. He introduces us to some of the major figures in the tradition, discusses some of the pitfalls of teaching curanderismo, and concludes with an account of a class he taught in which curanderos from Cuernavaca, Mexico, shared their knowledge with students. Part personal pilgrimage, part compendium of medical knowledge, this moving book reveals curanderismo as both a contemplative and a medical practice that can offer new approaches to ancient problems. From Curandero ". . . for centuries, rattlesnakes were eaten to prevent any number of conditions and illnesses, including arthritis and rheumatism. In Mexico and in other Latin American countries, rattlesnake meat is actually sold in capsule form to treat impotence and even to treat cancer. Rattlesnake meat is also dried and ground and sprinkled into open wounds and body sores to heal them, and a rattlesnake ointment is made that is applied to aches and pains as well."

Curandero is well worth the time to read to learn more and understand the importance of folk medicine. --Taos News Like curanderismo, the book is part legend, part history and part folk tale. Readers will be entertained, enthralled and mystified. --Corpus-Christi Caller-Times TX Curandero succeeds in revealing curanderismo as both a contemplative and a medical practice. . . It is a fascinating read. --Multicultural From the Inside Flap Practices of traditional Mexican folk healers, "curanderos," in the American Southwest as well as their native country. About the Author Eliseo 'Cheo' Torres is vice president of student affairs at the University of New Mexico. Timothy L. Sawyer, Jr., is a public information representative at the University of New Mexico.