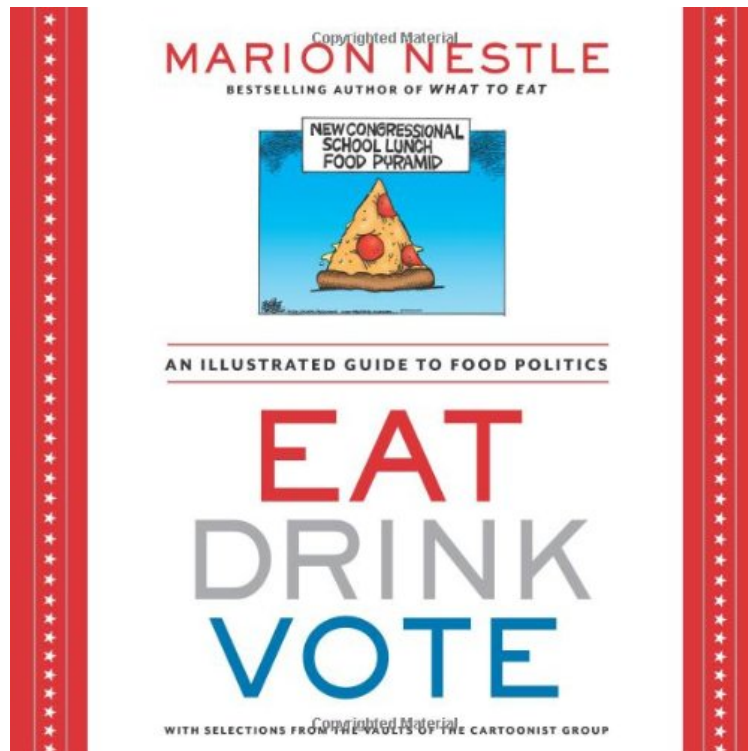


(Download pdf ebook) Eat Drink Vote: An Illustrated Guide to Food Politics

## Eat Drink Vote: An Illustrated Guide to Food Politics

Marion Nestle

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**Marion Nestle : Eat Drink Vote: An Illustrated Guide to Food Politics** before purchasing it in order to gage whether or not it would be worth my time, and all praised Eat Drink Vote: An Illustrated Guide to Food Politics:

3 of 6 people found the following review helpful. essential reading for all who eatBy Irena ChalmersHere is another masterpiece from Marion Nestle, one of the wisest and most influential food writers. I plan to use it in my classes at the Culinary Institute of America, Irena Chalmers. author of Great Food Jobs 2: Ideas and inspiration for your job hunt.14 of 15 people found the following review helpful. Best Picture (book) of the yearBy David WinebergEat Drink Vote is a salute to cartoons and cartoonists. It is a collection of 250 or so cartoons, all on a food theme, framing Marion Nestle's unsurpassed mastery of the subject. I'd go farther than that. The cartoons take precedence, and the text simply accompanies them and sets them up, by adding framework, facts and figures. The whole thing could be a Marion Nestle presentation, with the cartoons being her powerpoint accompaniment. The text sets up the visual laughs. It's easy to read, easy to absorb, and hits home loud and clear.My favorite cartoon pictures the new official American place setting: napkin, fork, knife, plate, and shovel. How elegantly eloquent.The best quote is attributed to Tommy Thompson, as he resigned as Secretary of Health and Human Services: "I for the life of me cannot understand why terrorists have not attacked our food supply, because it is so easy to do." That was in 2004. Nothing has changed since.The message that she gives the most play to is that eating less is bad for business. Everything the corporate food complex does is aimed at getting us to eat more, and more often. We now eat all day long, in meetings, in breaks, in front of the tv - anywhere, any time. That is dramatically different than any other period in history, and it is making a

difference - in profits, in obesity, and in healthcare. Marion Nestle hits all the hot button issues in one entertaining package. It's an excellent primer on the state of the nation's approach to food. It's a message that needs to be spread wider. But while we get a thorough treatment of Eat and Drink, Vote remains unexplored....David Wineberg

13 of 14 people found the following review helpful. Eat Drink but We still need ChangeBy LafayetteI was very happy when I won Eat Drink Vote through Goodreads.com. The book is an easy read of a multi-faceted and complicated subject of great interest, with many opinions and controversies; and the interweaved cartoons make for a thoughtful support for the author's views to demonstrate the broad scope. The short but clear essay format delivers on many levels and gives structure to this intricate topic and sets a great stage for discussion. This textbook quality in its approach also gives the reader the ammunition to dispute or counter the author's premises and conspiracy concepts and therein lays the weakness in this thoughtful lecture; the lack of solutions. Dr. Nestle stops short of discussing the "elephants-in-the-room" in food politics which are the only answers to her basic desire to correct a broken food system. She avoids either a libertarian approach coupled with better education [here her book could be used as a text] and/or national tax reform to stop food subsidies; all forms of corporate welfare, wealth inequities and political favors. Finally, I must chastise Dr. Nestle for her first page diatribe about tomato paste, a topic which flares my nostrils as a scientist father of

4. Scientific argument would say Dr. Nestle should have fought for an amount of tomato paste equal to a single tomato. Their extreme of 4oz. was met and lost to the pizza slice because they were not prepared with the science [1 tomato = 1.5 oz. tomato paste] or the food's [the beloved pizza] importance to the school diet. I have many positives about this book and I believe this cartoon editorial concept should be used by others whenever a complicated topic, which often attracts national attention is presented. For the general public, this format is clearer than the typical 200-400 page multi-redundant cries for justice and world correction and appreciates the power that a-picture-is-worth-a-thousand-words editorial punch of the world's great cartoonists. I'd be willing to bet this format in middle school and higher education would do wonders for topic clarity and communication skill development.

What's wrong with the US food system? Why is half the world starving while the other half battles obesity? Who decides our food issues, and why can't we do better with labeling, safety, or school food? These are complex questions that are hard to answer in an engaging way for a broad audience. But everybody eats, and food politics affects us all. Marion Nestle, whom Michael Pollan ranked as the #2 most powerful foodie in America (after Michelle Obama) in Forbes, has always used cartoons in her public presentations to communicate how politics shaped by government, corporate marketing, economics, and geography influences food choice. Cartoons do more than entertain; the best get right to the core of complicated concepts and powerfully convey what might otherwise take pages to explain. In Eat Drink Vote, Nestle teams up with The Cartoonist Group syndicate to present more than 250 of her favorite cartoons on issues ranging from dietary advice to genetic engineering to childhood obesity. Using the cartoons as illustration and commentary, she engagingly summarizes some of today's most pressing issues in food politics. While encouraging readers to vote with their forks for healthier diets, this book insists that it's also necessary to vote with votes to make it easier for everyone to make healthier dietary choices.

.com QA for Eat Drink Vote. Kerry Trueman, an environmental advocate, interviews public health nutritionist, Marion Nestle, author of Eat Drink Vote