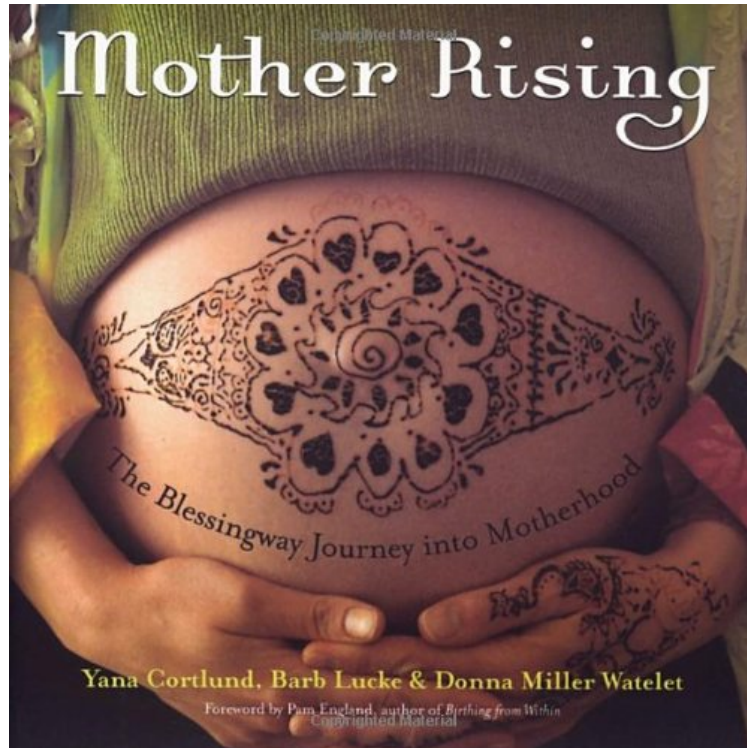


[Free download] Mother Rising

## Mother Rising

*Yana Cortlund, Barb Lucke, Donna Miller Watelet*  
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#338151 in Books 2006-05-01 2006-05-01 Original language: English PDF # 1 7.98 x .51 x 8.061, .75 #File Name: 1587612674176 pages | File size: 74.Mb

**Yana Cortlund, Barb Lucke, Donna Miller Watelet : Mother Rising** before purchasing it in order to gage whether or not it would be worth my time, and all praised Mother Rising:

0 of 0 people found the following review helpful. Five StarsBy Customergreat resource in preparation for Mother Blessing ceremony! Recommend for pregnant mothers or doulas :)0 of 0 people found the following review helpful. Very insightful and helpfulBy Brittany RichardsonI was looking for a comprehensive guide to planning my first in depth blessingway ceremony for my dearest friend and this book sealed the deal. I used it like a bible for planning the ceremony and it helped me to keep all my supplies, logistics and planning extremely organized. It also offered fantastic background on why we practice ritual ceremony, sitting in circles, the importance and sacredness of the four directions, the Divine, why blessingways matter and so much more. I highly recommend this book, even if you aren't planning a blessingway - it can be useful for any women centered activities!0 of 0 people found the following review helpful. Great book!By Rachael L McCormackBecause of this book, I have now successfully hosted two blessingways for my dear friends. I was able to adapt the ideas to what they wanted and what we felt was appropriate for their pregnancies.

Different from a baby shower, where gifts are lavished upon the soon-to-be-born child, a blessingway ceremony honors the mother-to-be and creates a circle of support that will cradle her as she prepares to give birth. Surrounded by the most important women in her life, she can explore the challenges and joys that lie before her, gaining a sense of

power and confidence that will help her rise to motherhood. MOTHER RISING shows women how to organize and personalize a blessingway for the expecting friends and family-an experience that will give the mother-to-be the best possible gifts of deep happiness, serenity, and abundance of love.A resource for planning and hosting a blessingway ceremony-a woman-centered celebration of the journey into motherhood.Ideal gift for or from an expectant mother who wants a more meaningful and transformational experience than the traditional, gift-focused baby shower.Outlines the five stages of the blessingway ritual, from establishing a safe and sacred space to honoring and pampering the mother-to-be.Finalist in both the 2004 Independent Publisher Book Awards and Foreword magazine's Book of the Year Awards.Features sidebars, inspirational quotations, resources, and checklists.

"I have long awaited a book that can guide any woman into the sweet depths of sacred ceremony..." -- Suzanne Arms, internationally acclaimed author, founder and director of Birthing the Future"I love this book! Absolutely brilliant and original...[Mother Rising] is a treasure chest, an encyclopedic cookbook for Blessingways..." -- Pam England, midwife and author of Birthing from Within"Indeed, [Mother Rising] will help our culture gestate a better way to welcome life and thus transform us all." -- Jeannine Parvati Baker, midwife and author of Prenatal Yoga Natural Childbirth, Hygieia: A Woman's Herbal and Conscious Conception: Elemental Journey Through the Labyrinth of Sexuality"Mother Rising helps women remember the power and support they can give each other. It speaks to a woman's soul." -- Christiane Northrup, MD, author of Womens Bodies, Womens Wisdom and The Wisdom of Menopause"Mother Rising is exactly the step-by-step gorgeous, loving resource mothers-to-be and those who love them are hungry for...Highly recommended." -- Jennifer Loudon, author of The Pregnant Woman's Comfort Book and creator of [www.comfortqueen.com](http://www.comfortqueen.com)From the Publisher\* A resource for planning and hosting a blessingway ceremony a woman-centered celebration of the journey into motherhood. \* Ideal gift for or from an expectant mother who wants a more meaningful and transformational experience than the traditional, gift-focused baby shower. \* Outlines the five stages of the blessingway ritual, from establishing a safe and sacred space to honoring and pampering the mother-to-be. \* Finalist in both the 2004 Independent Publisher Book Awards and Foreword magazine's Book of the Year Awards. \* Features sidebars, inspirational quotations, resources, and checklists.From the AuthorBirth is a key life passage for women. But modern America has become preoccupied with the arrival of the baby-to-be, and lost touch with birth's profound impact on the mother-to-be herself. While our most common birth preparations focus on getting women physically ready to give birth, the blessingway ritual helps a woman to prepare mentally, emotionally, and spiritually for the work of birthingfreeing her to open to instinctive abilities that will guide her as she steps into motherhood.