

# Survival Mom: How to Prepare Your Family for Everyday Disasters and Worst-Case Scenarios

Lisa Bedford

ebooks / Download PDF / \*ePub / DOC / audiobook



[Download](#)

[Read Online](#)

#40738 in Books Lisa Bedford 2012-03-13 2012-03-13 Original language: English PDF # 1 8.00 x .84 x 6.001, .87 #File Name: 0062089463336 pages Survival Mom How to Prepare Your Family for Everyday Disasters and Worst Case Scenarios | File size: 41.Mb

**Lisa Bedford : Survival Mom: How to Prepare Your Family for Everyday Disasters and Worst-Case Scenarios** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Survival Mom: How to Prepare Your Family for Everyday Disasters and Worst-Case Scenarios:

9 of 9 people found the following review helpful. Survival Mom By Ketaflo Great find!!!! This is a wonderful book starting with the basics that any one beginning prepping will greatly appreciate. It has informative lists that help you get started gathering supplies for not only food but on how to keep important papers as well as which ones you'll need in an emergency. How to prepare your car/truck to survive a disaster or to go move to a safer place. Each chapter builds upon the last one and supplies a list of things necessary to do in order to continue on. It breaks down tasks into simple things from just adding one or two extra cans of food to your routine shopping list to larger storage of much

used and needed supplies. This book even has a chapter on finances that you will need to have in order to "get through". Gives you the top items for bartering as well as covers self protection for you and your family. This is a must read for any "Mom" in the house even if you aren't prepping. I wish I'd gotten this book sooner as it would have saved me so much time and energy. These baby steps lists are a must in getting you and your family well prepared.!!2 of 2 people found the following review helpful. Pick it up, you won't be disappointed. By Customer This book is so full of meat and potatoes it is an absolute must have for any library. It is full of great tips and tools brought to you in an easy to understand and digest format. Kudos to you Lisa for your great production and taking the time to produce such a comprehensive manual. It is an ideal book for use in an urban/suburban setting and really Lisa leaves no detail unattended to. If you are looking for a great book to take control of your family and have the confidence to survive if your family is threatened, this is the manual you need!1 of 1 people found the following review helpful. Author Lisa Bedford is such a good, practical and fun writer I can only hope ...By IxRate Author Lisa Bedford is such a good, practical and fun writer I can only hope she produces more like this. A lot more.

From the creator of TheSurvivalMom.com comes this first-of-its-kind guidebook for all the prepper moms keen to increase their family's level of preparedness for emergencies and crises of all shapes and sizes. Publishers Weekly calls Lisa Bedford's Survival Mom an impressively comprehensive manual, saying, suburban mom Bedford helps readers learn about, prepare for, and respond to all manner of disasters. . . . From 'Instant Survival Tip' sidebars to a list of 'Lessons from the Great Depression'. . . Bedford's matter-of-fact yet supportive tone will keep the willies at bay.

In this impressively comprehensive manual, suburban mom Bedford helps readers learn about, prepare for, and respond to all manner of disasters...Bedford's matter-of-fact yet supportive tone will keep the willies at bay. (Publishers Weekly) Given the recent prevalence of floods, tornadoes, and power outages, this book comes at a good time. Bedford discusses how to handle emergencies, from purifying water and storing food to making lists of financial records and establishing a safe room. [R]eaders would do well to prepare. (Library Journal) Lisa Bedford's Survival Mom is a much needed resource of practical preparedness and survival knowledge that anybody (even Survival Dads) will find an indispensable addition to their self-reliance library! (Ed Corcoran, Editor, Survivalist Magazine) Lisa Bedford has given every family an upbeat and useful step-by-step guide to getting through these alarming times. Hurrah for Survival Mom. (Lew Rockwell, editor, lewrockwell.com) This stockpiled guide to self-sufficiency emergency preparedness is a wealth of information for both the novice and seasoned survival mom! (Roxanne L. Griswold, Co-Owner, Ready Made Resources/Founder, Ready Made Woman Blog + No Candidate) Well-referenced, with fresh insights, Survival Mom is funny and well-written. (Don Aslett, author of Is There Life After Housework?) Lisa Bedford's book, like her blog, is full of up-to-date, useful information from reputable sources. Survival Mom is a good read, and has a place in any prepper/survivalist library. (Leon Pantenburg, author of survivalcommonsense.com) Lisa Bedford explains preparedness not just as a long term goal for the future, but as an everyday lifestyle for today. This manual is a great read for anyone concerned about their own well-being and security, and that of their loved ones. (Paul M. Munsen, President, Sun Ovens International) Lisa Bedford has written an outstanding book! Survival Mom is chock full of valuable tips and perspectives that had never crossed my mind, showing me how valuable the female perspective is when it comes to prepping and survival! This book is a keeper! (Matthew Stein, author of When Disaster Strikes: A Comprehensive Guide to Emergency Planning and Crisis Survival) After you become a mom, your head often swims with what-ifs. But you can ease your mind with a little preparation, says Lisa Bedford, blogger and author of Survival Mom : How to Prepare Your Family for Everyday Disasters and Worst-Case Scenarios. (USA Weekend) From the Back Cover Everything You Need to Know to Keep Your Family Safe and Secure No Matter What Undaunted by the prospect of TEOTWAWKI (The End of the World as We Know It), Lisa Bedford tackles every what-if and worst-case scenario head-on, offering practical advice on how to prepare your family for whatever might come your way. From a few days without electricity to an unexpected job loss or total chaos after the destruction of a tornado, Survival Mom provides everything you need to become self-reliant and establish plans for your family, including: preparing the home for a natural disaster alternative sources of energy in a power's-out situation everything you need to know about food storage personal protection (do I really need to learn how to shoot a gun?) Deep inside every mom is a Survival Mom whose passion for her family drives her to make the best of the present and prepare for the future. So tap into your Mama Grizzly instincts and channel your worries into action. Whether you're a full-fledged "prepper" or just getting started, with real-life stories and customizable forms and checklists along with Lisa's "you can do it" attitude, Survival Mom replaces paranoia and panic with the peace of knowing YOU have the power to keep your loved ones safe and secure. About the Author Lisa Bedford, aka The Survival Mom, started her blog when she realized that all the literature on survival and preparedness was written by men, for men. Long a teacher and trainer, she took it upon herself to be the missing voice for the many moms out there. She has been featured in Newsweek and on Glenn Beck, and speaks around the nation about disaster preparedness.