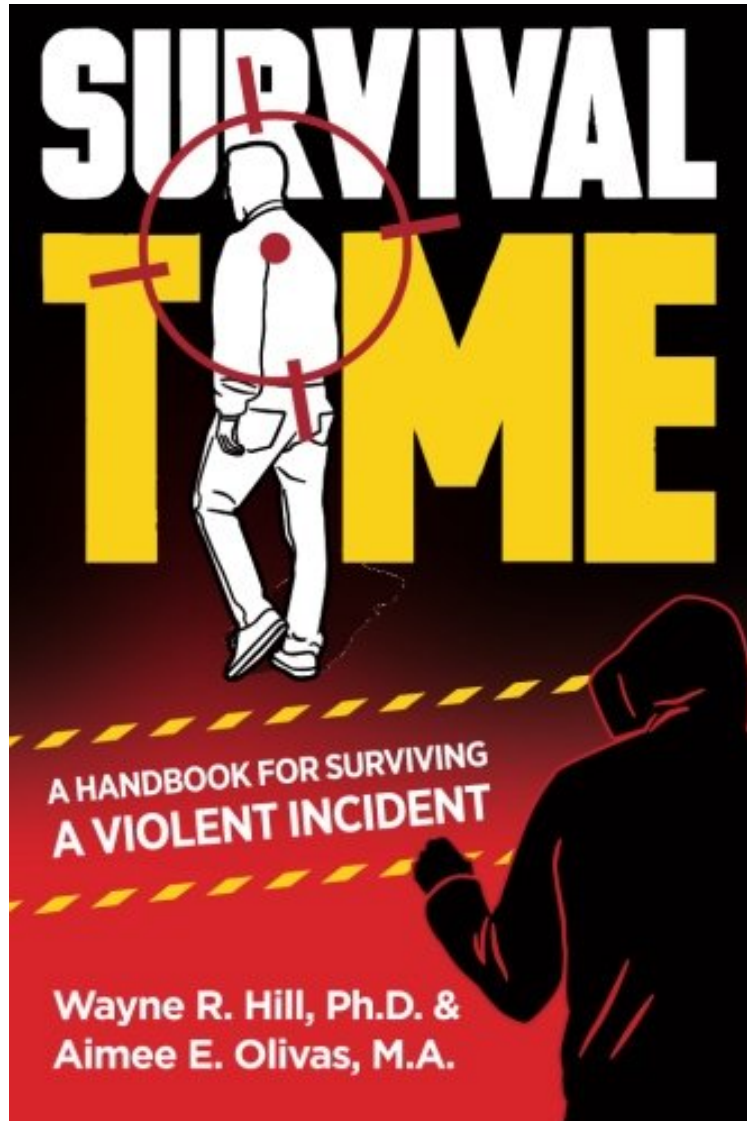


Survival Time: A Handbook for Surviving a Violent Incident

Wayne R Hill PhD, Aimee E Olivas MA
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Wayne R Hill PhD, Aimee E Olivas MA : Survival Time: A Handbook for Surviving a Violent Incident before purchasing it in order to gage whether or not it would be worth my time, and all praised Survival Time: A Handbook for Surviving a Violent Incident:

0 of 1 people found the following review helpful. Very awkward writing styleBy 5toomanyOnly a few helpful nuggets. They were not quite worth the struggle of wading through the awkward sentences and tedious redundancies. Also, the authors' understanding of ptsd seemed very superficial.1 of 1 people found the following review helpful. A

must read for those of us that want to be a survivor, rather than a statistic. By Exec4profit In an era where we watch so much violence on the television, listen to it on the radio or read about it in the newspaper; we are sometimes gripped with fear and apprehension wondering if it will happen to us. But the real question is not if, but when. This book gives real down to earth, practical answers of "what to do".... "when". And, more importantly, gives some great advice of what we can do to avoid such situations, prepare for such situations, and how to handle ourselves when everything seems to be out of control during and after such an act of violence. This is a must read for those of us, that usually go about our daily business unaware of our surroundings. This book will allow us to take proactive action to help us be better prepared for the inevitable to help protect our lives, and hopefully the lives of others. 1 of 1 people found the following review helpful. A handbook for our dangerous and dynamic times. Check it out! By Customer Just read this book, a quick, easy, straightforward read on a very timely topic. We're in the era of the 'active shooter' and it's time for the populace to think about these events in advance, think about their response if it happens to them, think about how not to be an easy or willing victim. Often, we have options. This book gives the reader some ideas to consider, basic ones that we all need to have in mind in a variety of settings. Ron Hosko, president, Law Enforcement Legal Defense Fund, former Assistant Director, FBI

Violent incidents are steadily on the increase in this country, and we, the authors of this survival manual, have determined that most people are unaccustomed and ill- prepared to deal with violent situations. Hence, this manual will assist readers to better understand the actions of violent people (perpetrators), but most importantly the chief focus will be on the readers actions to help themselves survive a violent incident. Our goal is to have readers understand the strategies for protecting themselves until emergency services personnel, i.e. police, fire, and medical, arrive and gain control of the event. Our primary message is that you, the reader, are the first line of defense as a crisis intervention specialist.