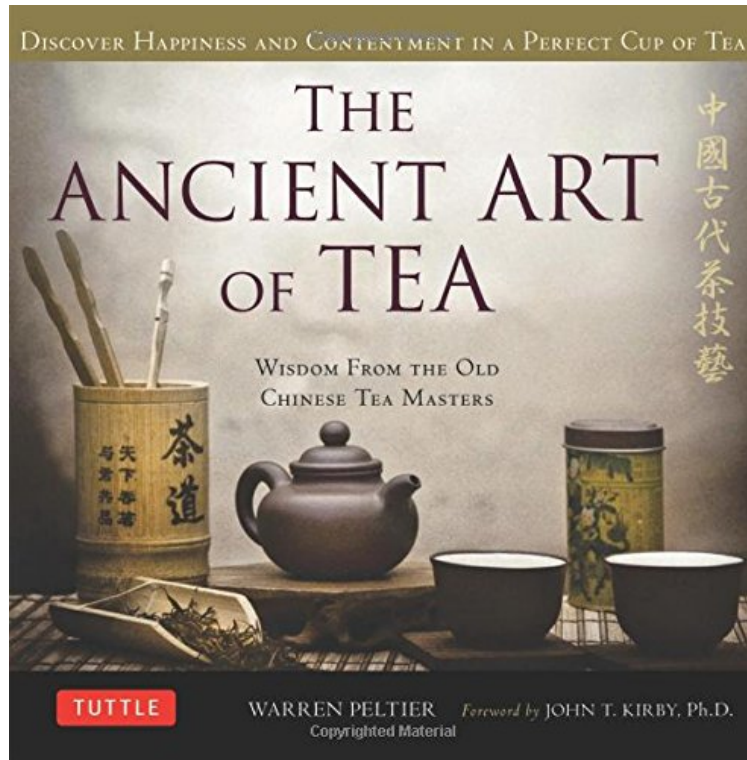


The Ancient Art of Tea: Wisdom From the Old Chinese Tea Masters

Warren Peltier

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#687503 in Books Peltier Warren Kirby John T 2011-03-10 2011-03-10 Original language: English PDF # 1 6.00 x .60 x 6.00l, .40 #File Name: 0804841535160 pages The Ancient Art of Tea Discover Happiness and Contentment in a Perfect Cup of Tea | File size: 23.Mb

Warren Peltier : The Ancient Art of Tea: Wisdom From the Old Chinese Tea Masters before purchasing it in order to gage whether or not it would be worth my time, and all praised The Ancient Art of Tea: Wisdom From the Old Chinese Tea Masters:

25 of 25 people found the following review helpful. A well researched text on Chinese Tea Culture. By Edward Alexander Gerster Drawing heavily on new translations of ancient Chinese texts, the author has created a little gem in this book on Tea. It is clearly organized in a natural progression, taking the reader through a brief history of tea, to the Art of Tea, and on to the components necessary to produce it. These discourses by various scholars and tea masters are followed by chapters on Tasting Tea and Tea Etiquette which truly bring to light the philosophical and social outlook that is unique to China, and in fact still can be found today. The closing chapter on Refinement in Tea touches briefly on the Tea House and Environments created for tea, but this area alone could encompass another book all on its own. The addition of a central photo section is nicely done, and the appendices are short but useful. Overall, a wonderful little book that should appeal to both those interested in Chinese Tea culture, and those interested in ancient China. Highly recommended. 16 of 16 people found the following review helpful. 5 stars for content, minus one star for terrible paper quality! By Christopher Barrett Please note: this is a pretty small book. It measures about 6 inches

square. No problem. But the paper is pretty terrible quality. It's very thin, low grade recycled stuff that is one step above newsprint. You can see the printing on the other side of the page, so this creates an annoying reading surface. This is not an informative text on styles of tea. Instead this is translated wisdom of old Chinese tea masters throughout the ages. There sections are as follows: The Art of Tea Water for Tea Preparing Fire for Tea The Taste of Tea Tea Etiquette Refinement in Tea There are also a dozen or so really nice full color photos in the middle of the book. But this is a book all about slowing down and enjoying tea. It's a fun read even for those that are not tea experts. The sections are all broken down well, so you don't have to read it front to back. You can turn to a particular page and just absorb little bits at a time. Makes a great coffee table book, though the cheap paper does have a tendency to tear easily. A fine book marred by subpar paper quality! Perhaps the Kindle edition is better since you won't have to worry about the paper quality. Though using an electronic device for a book about letting go and enjoying the simple things in life is kind of ironic!

1 of 1 people found the following review helpful. Tea and History? Yes Please! By Amanda Freeman 'TeaNecromancer'

Reading the blurb about this book, I admit I was expecting it to be a large scholarly work, I was a bit surprised when I opened my package and found a fairly small book that was not a study on different scholarly works on tea...but more a book of quotes. Ok actually that is not really fair, it is so much more than that. Not everyone has the head for translating archaic Chinese works, and not everyone likes reading the at times rather dry and dull translations available, so finding an abridged work that has gone through the hard work of translating works into a readable (for a more modern not necessarily academic audience) form and referencing very specific points is extremely useful. The book is organized by thematic sections, like water for tea, ways to heat the tea, tea etiquette, and so forth and these sections are further organized chronologically. This makes straight reading through very easy, and it makes looking for specific things super convenient. And for bonus tea/history/linguistic nerd credit, at the end of the book is all the texts that were translated in their original form, so you can practice your translation or copy it for calligraphy practice, tea room decor time!

The subject matter is extremely fascinating, from both a history and a tea stand, it is wonderful seeing how the philosophy behind tea, its preparation, and its enjoyment changed through the different dynasties. The parts I found most interesting were the sections of water and etiquette, specifically I really enjoyed the list of waters ranked from best to worst, and that it was not necessarily based on taste. For example, in the ranking of water, snow comes in last and not because it tastes rank but because the cold Qi is thought to be harmful, which makes me wonder if I can use it to help with inflammation, similar to drinking cooling teas when I am sick or during the summer. As you can tell I like this book, it is short and sweet and light on art, but in this case the lack of pictures did not really bother me, I highly recommend reading if you are wanting more information on how tea was prepared throughout Chinese history and how the different dynasty's looked at it culturally.

The Ancient Art of Tea is a delightful look at the philosophy, history, and culture of tea in China. The health benefits of tea, from green teas to white, oolong and black teas, are well known in our world today. How to create the perfect, healthy cup of tea is a process few people truly understand, making The Ancient Art of Tea a needed guide for tea lovers. Making a perfect cup of tea is a dynamic process that requires the right environment, good spring water, a suitable fire to boil water, skill in steeping tea, and deep understanding of tea connoisseurship. From a variety of ancient tea books comes a broader perspective and deeper insight into the topics that surround the tea drinking experience. The ancient Chinese held tea and the various types of tea in high regard for its medicinal and rejuvenative properties. They prized the teas that grew high on the mountains, in crags and crevices in the rocks. They believed that tea was best brewed with pure, clean, mountain spring water, and that fire should be from clean and natural sources since properly heated water would define the subtle tastes of the tea. Using the proper utensils enhanced the taste and experience of tea drinking. And they believed that where you had your tea, along with the people with whom you shared the experience, all determine the value of the tea. The Ancient Art of Tea contains vital information to assist tea drinkers in their quest for yet another pot of delicious tea. This book teaches the two fundamental secrets to tea as practiced in ancient China: technique and taste. These exemplify some of the basic concepts of the philosophy of tea, which greatly enhances tea enjoyment. Not only an exhaustive source of tea knowledge, The Ancient Art of Tea is also a very important volume in the study of Chinese tea and is sure to become a classic in itself.