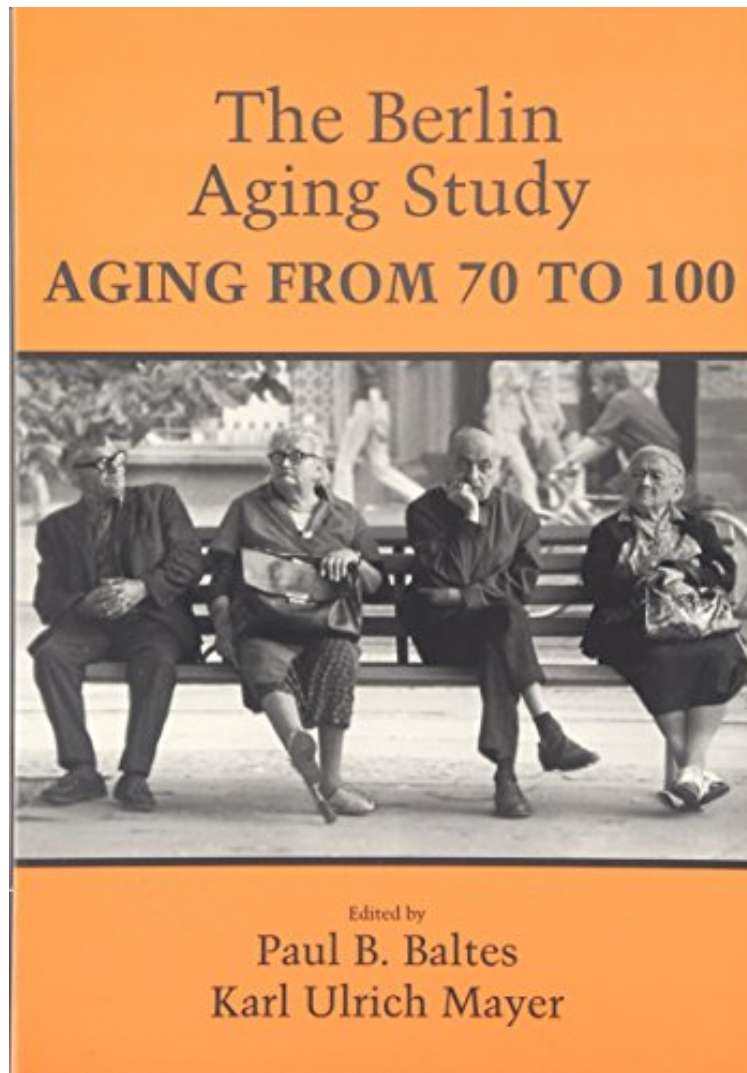


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## The Berlin Aging Study: Aging from 70 to 100

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This book presents the results of an extensive study of old age and aging, ranging from 70 to 100 years, that was carried out by psychologists, sociologists, physicians, and scientists from a variety of other disciplines. A random sample of more than 500 senior residents of the former West Berlin were examined in depth. Topics investigated include intellectual abilities, self and personality, social relationships, physical health, medical treatment and care,

mental disorders such as depression and dementia, socioeconomic conditions, everyday competence, subjective well-being, and gender differences.

"The publication of this volume is a notable event in gerontology, eagerly anticipated by the scientific community....[Baltes and Mayer] have achieved an exceptionally fine outcome...both rigorous and readable....This important volume is the first act of what will surely be a major performance in multidisciplinary research in aging. Do not miss it." *The Gerontologist*"This is certainly the biggest, most ambitious, and most comprehensive study of the very old undertaken to date by a single research team. It employs state-of-the-art research methods from several scientific fields to examine patterns of aging....The result is a gigantic but surprisingly readable volume, appropriate for a cross-disciplinary audience ranging from geriatric practitioners to social scientists interested in aging policy and its applications. Paul Baltes, Karl Ulrich Mayer, and their colleagues in the Berlin Aging Study should be congratulated. This book sets the standard for future monographs in gerontology in terms of both scientific quality and readability." *Contemporary Gerontology*"An outstanding contribution to gerontological studies. . . Written by a group of distinguished experts, the chapters meet the highest scientific standards. . . It is truly a landmark in the study of aging." *British Journal of Sociology*Language NotesText: English (translation) Original Language: GermanAbout the AuthorPaul B. Baltes is noted for his theoretical and empirical work in developmental psychology and the interdisciplinary study of human aging. Aside from multiple honorary doctorates and election to academies, he has received numerous awards, including the International Psychology Award of the American Psychological Association, the Lifetime Achievement Award of the German Psychological Society, and the Aristotle Prize of the European Federation of Psychological Associations.Karl Ulrich Mayer is Professor and Chair of Sociology at Yale University and Co-Director of the Center for Research on Inequalities and the Life Course (CIQLE). He is co-editor of *After the Fall of the Wall: Life Courses in the Transformation of East Germany* and *The Berlin Aging Study: From 70 to 100* (Cambridge University Press).