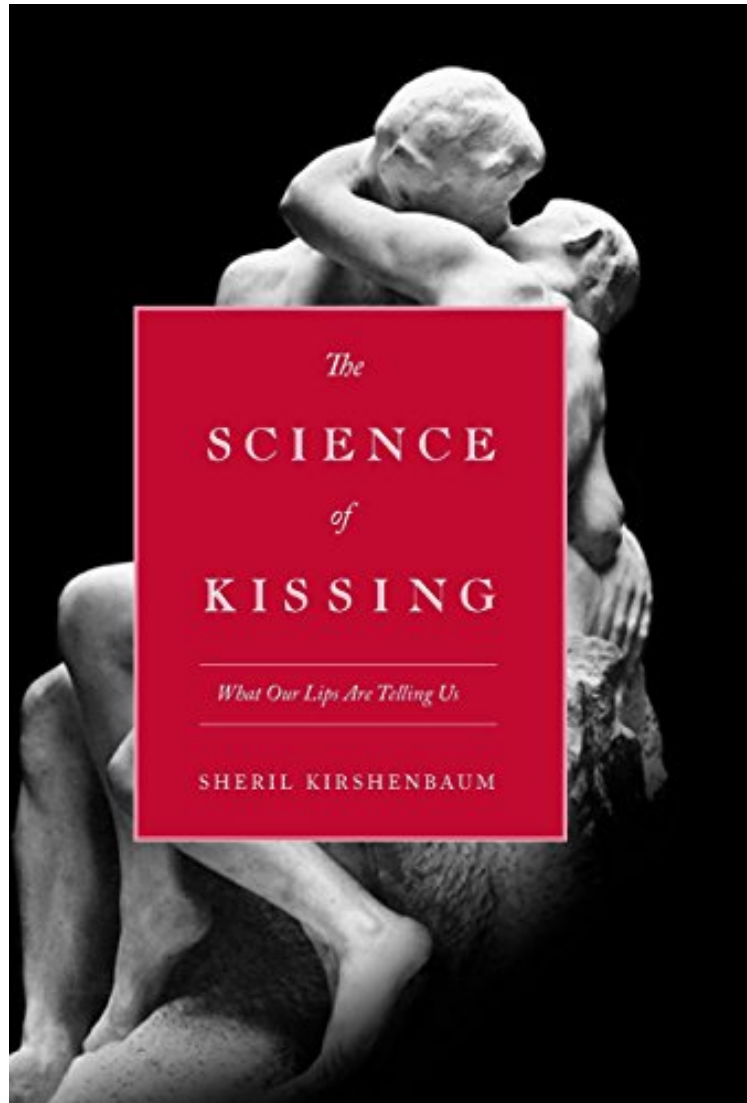


[Download ebook] The Science of Kissing: What Our Lips Are Telling Us

## The Science of Kissing: What Our Lips Are Telling Us

*Sheril Kirshenbaum*

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**Sheril Kirshenbaum : The Science of Kissing: What Our Lips Are Telling Us** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Science of Kissing: What Our Lips Are Telling Us:

28 of 29 people found the following review helpful. Engaging, Funny, Interesting By Texas\_reader I pre-ordered this book and was very excited when the release date was moved up. I had expected to enjoy it (I've read other works - long and short- by Kirshenbaum and liked them), but did not expect her newest release to be so engaging (I don't personally study this type of stuff, so wasn't sure if it would keep my attention). I'm happy to say that it was GREAT!

Overall - I definitely give it 5 stars. The book kept my attention and interest from cover to cover. I learned a lot - and enjoyed the process. When I sat down to read it after Christmas, I had thought to thumb through 20 or 30 pages, but found myself anxiously turning beyond 50.... 100.... 200... until I was done. Couldn't wait to see what the next page would hold. As I read, I laughed (quoting "The Princess Bride" at the onset is a good way to do that), learned (did you know that humans generally remember their first trip to 1st base better than their first trip to home?), and cringed (eating apples from armpits - trust me. Ick!). The book even touched on "Twilight"-inspired "kissing" behaviors from a scientist's point of view (interesting). The book was a fun cruise through the history and present status of kissing in different cultures, groups and species - in the context of scientific studies on what kissing does to us, and why we continue to do it. Great for those of us who like to learn about new topics, from a scientist/historian's point-of-view - but also want a work that is engaging, and not dry. Definite 5 stars! 0 of 0 people found the following review helpful. Glad I Bought Read, But a Bit Disappointing. By William J. Trinkle An easy read and certainly raised interesting questions, addressing what scientific data there is, but ultimately I was a bit disappointed. I must note that this may have more to do with the state of our understanding of the subject, than the author. Still I am glad I bought it and glad I read it so what more can one ask. 0 of 0 people found the following review helpful. A must read! By AliKay This book was such a joy to read! I learned so much about kissing and intimacy in general. It made me understand my own feelings and my own relationship so much more. Plus it was just fun to read. I found so many things in the book I just had to share with other people. I highly recommend. It is not a complicated read either. I understood the whole thing without secondary research which is always a plus! !

From a noted science journalist comes a wonderfully witty and fascinating exploration of how and why we kiss. When did humans begin to kiss? Why is kissing integral to some cultures and alien to others? Do good kissers make the best lovers? And is that expensive lip-plumping gloss worth it? Sheril Kirshenbaum, a biologist and science journalist, tackles these questions and more in *THE SCIENCE OF KISSING*. It's everything you always wanted to know about kissing but either haven't asked, couldn't find out, or didn't realize you should understand. The book is informed by the latest studies and theories, but Kirshenbaum's engaging voice gives the information a light touch. Topics range from the kind of kissing men like to do (as distinct from women) to what animals can teach us about the kiss to whether or not the true art of kissing was lost sometime in the Dark Ages. Drawing upon classical history, evolutionary biology, psychology, popular culture, and more, Kirshenbaum's winning book will appeal to romantics and armchair scientists alike.

From Publishers Weekly In the vein of Stephen Pinker's *The Language Instinct*, scientist Kirshenbaum examines one of humanity's fondest pastimes. Divided into three parts, the book covers the evolutionary and cultural history of the kiss, the chemistry of kissing, and the future of kissing. In part one, "The Hunt for Kissing's Origins," Kirshenbaum examines the role kissing played in the Middle Ages--a businesslike kiss was employed as a legal way to seal contracts and business agreements. Many men did not know how to read and write, so their signature X was kissed to make it legal. Part two, "Kissing in the Brain," will appeal to anyone who has ever been curious about the chemical properties of butterflies in the stomach. Kirshenbaum writes just as gracefully about prostitutes in pop culture as she does the myriad of complicated biological and chemical processes that science uses to explain osculation. Part three, "Great Expectations," covers Kirshenbaum's personal attempt to further investigate the kiss and leaves a long list of fascinating questions that demand further research. (Jan.) (c) Copyright PWxyz, LLC. All rights reserved. From Booklist What's the big deal? You pucker up, and there you are--right? Turns out there's a lot more to kissing than you might think. For instance, you never forget your first kiss isn't just a sappy sentiment; it's apparently quite literally true, and the fact that we remember more details about that first kiss than about our first sexual experience speaks volumes about the nature of memory. Men and women kiss differently; that's also true, but you might be surprised to learn why. Why is kissing important to some human societies, and unimportant--just plain foreign--to others? University of Texas research scientist and *Discover* magazine blogger Kirshenbaum draws on psychology, biology, history, and other disciplines in this highly engaging, highly informative book. --David Pitt "What's the big deal? You pucker up, and there you are--right? Turns out there's a lot more to kissing than you might think. For instance, you never forget your first kiss isn't just a sappy sentiment; it's apparently quite literally true, and the fact that we remember more details about that first kiss than about our first sexual experience speaks volumes about the nature of memory. Men and women kiss differently; that's also true, but you might be surprised to learn why. Why is kissing important to some human societies, and unimportant--just plain foreign--to others? University of Texas research scientist and *Discover* magazine blogger Kirshenbaum draws on psychology, biology, history, and other disciplines in this highly engaging, highly informative book." David Pitt, Booklist "Shows flashes of greatness." Jessica Gelt, Los Angeles Times "[Kirshenbaum's] honesty, wit and creativity make reading this book a journey to treasure. Your desire to kiss will, happily, remain strong." Catherine Ramsdell, Chattanooga Free Press "A beautifully crafted book, answering many of the questions you have about kissing, and many you haven't thought of, but are none the less fascinating." Vanessa Woods, Psychology Today.com "Like some memorable kisses, the book is short and sweet but teaches us something

new."Colette Bancroft, St. Petersburg Times" Sheril Kirshenbaum wittily explores theories about the evolutionary beginnings of kissing. . . Science buffs and the everyday reader can enjoy Kirshenbaum's insightful commentary."Laila Barakat, Sacramento News and "Wonderful." Adam Frank, NPR.org" Playful yet comprehensive." Michele Lent Hirsch, Psychology Today" Borders on the super genius . . . an entertaining and informative read about a practice that we should all spend more time investigating." Bret McCabe, Baltimore City Paper" They say you never forget your first kiss-it sears itself into your memory. The Science of Kissing will no doubt do something similar. From the neurology of smooching to practical tips on locking lips, Sheril Kirshenbaum makes reading about this strange and fascinating practice almost as much fun as doing it." Sam Kean, New York Times-bestselling author of The Disappearing Spoon" Sheril Kirshenbaum gives you everything you wanted to know about this wonderful way we use our mouths. If you've ever wondered why we kiss under the mistletoe, or why two out of three people tilt their heads to the right when they zoom in for a kiss, Kirshenbaum will tell you, in a way that is witty, wise, and pucker-perfect." Robin Marantz Henig, contributing writer, The New York Times Magazine" If you fear that knowing the science of kissing will unweave the poetry of it, fear not. This engaging book, chock-a-block with eye-popping science and fun stories not only makes for great reading but plumps up the pleasure of a smooch itself. You'll never think of kissing-what e.e. cummings called 'a better fate than wisdom'-in the same way again." Jennifer Ackerman, author of Ah-Choo! The Uncommon Life of Your Common Cold and Sex Sleep Eat Drink Dream: A Day in the Life of Your Body" This was the best science book I've read in a long time, offering a new level of understanding to an innate part of ourselves, and making it seem even more enchanting." -Cosmos magazine