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Sophia Dembling

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Sophia Dembling : The Yankee Chick's Survival Guide to Texas before purchasing it in order to gage whether or not it would be worth my time, and all praised The Yankee Chick's Survival Guide to Texas:

2 of 2 people found the following review helpful. Yankee to Texan- a must read! (and your'll Yankees if your not from Texas apparently)By A. T. GoddardWe are moving from Connecticut to Texas and so glad to have read this book to prepare for the transition. The author is a New York native and has been in Texas for the last 20 years and loving every minute of it.Author discusses different cities, different attitudes on life, and a whole different way of thinking

out in the mid-west and does so in a carefree uplifting way that makes you just so happy you are moving (or moved) to Texas. Topics include dressing up (all the time), the bible belt (all the churches in the area), things to do (in multiple cities), and movies to watch to prepare yourself (including background on the Alamo) (and much more). Book is a quick read (one day- couldn't put it down) and short and witty with the occasional laugh out loud chuckle while reading it! 0 of 0 people found the following review helpful. Interesting read
By Customer
The author writes in an easy to read manner. She has a lot of interesting takes on life in Texas. Not having lived in Texas, I cannot speak from first hand experience. However, I cant help but wonder if at least some of her new found love for Texas is rationalized and how much truly heart felt. After all if you are stuck some place are you not likely to want to find reasons to like it to avoid being utterly miserable the whole time? In any event, it gave me new insight into what life in Texas is like assuming it has not changed massively in the last 15 years and was an entertaining read.
3 of 3 people found the following review helpful. Better the second time around.
By Nancy Patlan
I read this book several years ago and saved it for a re-read. The second time I found it even more entertaining. I can't decide whether to pass it on to a Yankee friend or hold on to it to read a third time around.
As a Texan (Dallas born and bred) I am familiar with most if not all the Texas references in this book. I came to realize that things that I assumed were normal behavior were a little strange to northerners and easterners. The observations in the book were not intended to ridicule or defend the Texas way, but rather to bring into focus our endearing lifestyle. Dembling offers her insight on her personal experiences as she seems to have enjoyed sampling a little bit (and sometimes a lot) of what Texas has to offer. Welcome, Sophia. We're glad to have you.

In Texas "Yankee" is a loose term covering a lot of ground. If you're not a Texan or a southerner, you're a Yankee and therefore, to many Texans, suspect. There are many rites of passage to being a Yankee in Texas: the first time you spot a pickup with a gun rack; the first time you realize that a week is a long time to go without Mexican food; the first time you recognize a change in seasons; your first thunderstorm; your first honky-tonk. Culture Shock in Texas can be intense and is exacerbated by local rules of propriety that tell us to keep our mouths shut. But here in this book we are going to talk all about it with good old Yankee outspokenness. We'll clear the air, share experiences, orient newcomers, and have some good laughs.

Appeared in Ft. Worth Star-Telegram.
About the Author
Sophia Dembling was born and raised on the Upper West Side of New York City. In the early 1980s she decided to move to Dallas, just for an adventure, figuring she'd last about six months. Twenty years later Ms. Dembling remains in Texas where she has acquired a husband, a house, two dogs, a peculiar accent, and a writing career that started at The Dallas Morning News and has expanded to newspapers and magazines nationwide.