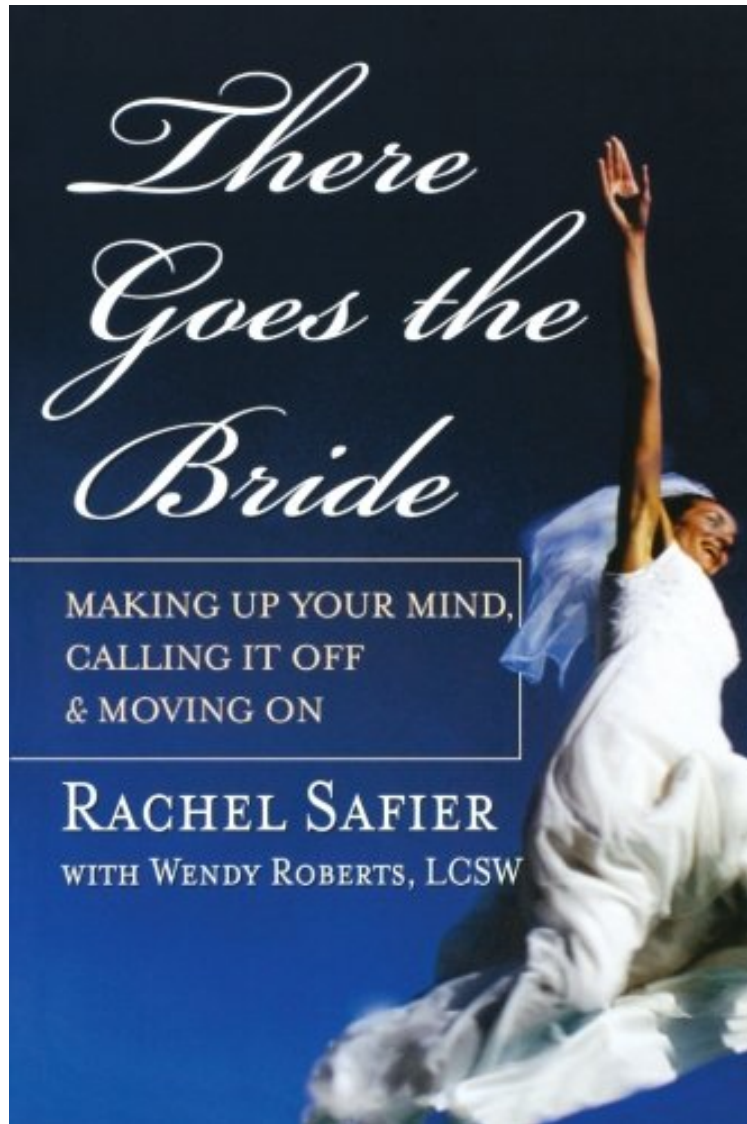


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# There Goes the Bride: Making Up Your Mind, Calling it Off and Moving On

Rachel Safier, Wendy Roberts LCSW, Wendy Roberts  
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**Rachel Safier, Wendy Roberts LCSW, Wendy Roberts : There Goes the Bride: Making Up Your Mind, Calling it Off and Moving On** before purchasing it in order to gage whether or not it would be worth my time, and all praised There Goes the Bride: Making Up Your Mind, Calling it Off and Moving On:

0 of 0 people found the following review helpful. Great!By DSmithThis is a wonderful book. I bought it a couple days

after breaking off my engagement. It was so nice to see that i was not alone and many others had been in my shoes. It gave me strength to move on and accept what happened. I would absolutely recommend it to anyone who is considering calling of their wedding and/or someone who has called of their wedding. Great read!1 of 1 people found the following review helpful. Ah, Thank God.By Jennie GIf you have ever called a Wedding off, then you know exactly what emotional, financial, and social Hell is. I wish I had found this book earlier on in the broken engagement process. This author..and everyone else in this book knows exactly what you are going through. How even if you KNOW you did the right thing...you find yourself wondering "Why do I feel so bad?". If you are calling a wedding off...or called one off..you need this book, a hair cut and roll of cookie dough. I raise my glass to Rachel.0 of 0 people found the following review helpful. it was nice to know I wasn't alone and read about others' ...By Elena W.After a terminated engagement, it was nice to know I wasn't alone and read about others' experiences.

There Goes the Bride is your personal guide to calling off a wedding maybe your own! It walks the reader through the reasons, logistics, and emotions associated with breaking an engagement and provides down-to-earth advice, support, and encouragement from women who have been there. Rachel Safier the widely recognized expert on the topics of cold feet and broken engagements addresses all your concerns, including figuring out if it's more than just cold feet, dealing with friends and family who don't understand, giving back the ring, and more. Filled with stories from sixty-two 'almost brides' from twenty-five. states and four countries who've been through this difficult process themselves, There Goes the Bride offers comfort, inspiration, practical advice, some tears, and quite a few laughs.

"...has become surprisingly successful in the States because, perhaps because it is the first to tackle the topic..." (The Glasgow Herald, 22 December 2003) "Tying the knot is great--when it's right. For to-be-weds everywhere who may not be sure their One is THE One or for those on the receiving end of a broken engagement, the personal stories in this book are a balm for understanding how and why these things happen and for coping with the aftermath and moving on." - Carley Roney, Editor-in-Chief and Co-Founder, TheKnot.com "Safier's timely and important book shows why it's better to break off an engagement than go through with a marriage that isn't meant to be. The wise words of these 'almost brides' will be helpful to others on the verge of breaking it off, or troubled by the aftermath of a broken engagement." - Pamela Paul, author of The Starter Marriage and the Future of Matrimony. "It's about time someone tackled this often-secret subject. 'There Goes the Bride' is long overdue." - Lori Leibovich, Editor and Founder, Indiebride.com "Amid all the happy talk about encouraging marriage, we need to remember that what we really want is better, more stable, grown-up marriages, and that people need to think critically about whether they are right for each other, and indeed whether they are ready for marriage to anybody." - John Crouch, Executive Director, Americans for Divorce Reform  
From the Publisher "Tying the knot is great--when it's right. For to-be-weds everywhere who may not be sure their One is THE One or for those on the receiving end of a broken engagement, the personal stories in this book are a balm for understanding how and why these things happen and for coping with the aftermath and moving on." - Carley Roney, Editor-in-Chief and Co-Founder, TheKnot.com "Safier's timely and important book shows why it's better to break off an engagement than go through with a marriage that isn't meant to be. The wise words of these 'almost brides' will be helpful to others on the verge of breaking it off, or troubled by the aftermath of a broken engagement." - Pamela Paul, author of The Starter Marriage and the Future of Matrimony. "It's about time someone tackled this often-secret subject. 'There Goes the Bride' is long overdue." - Lori Leibovich, Editor and Founder, Indiebride.com "Amid all the happy talk about encouraging marriage, we need to remember that what we really want is better, more stable, grown-up marriages, and that people need to think critically about whether they are right for each other, and indeed whether they are ready for marriage to anybody." - John Crouch, Executive Director, Americans for Divorce Reform