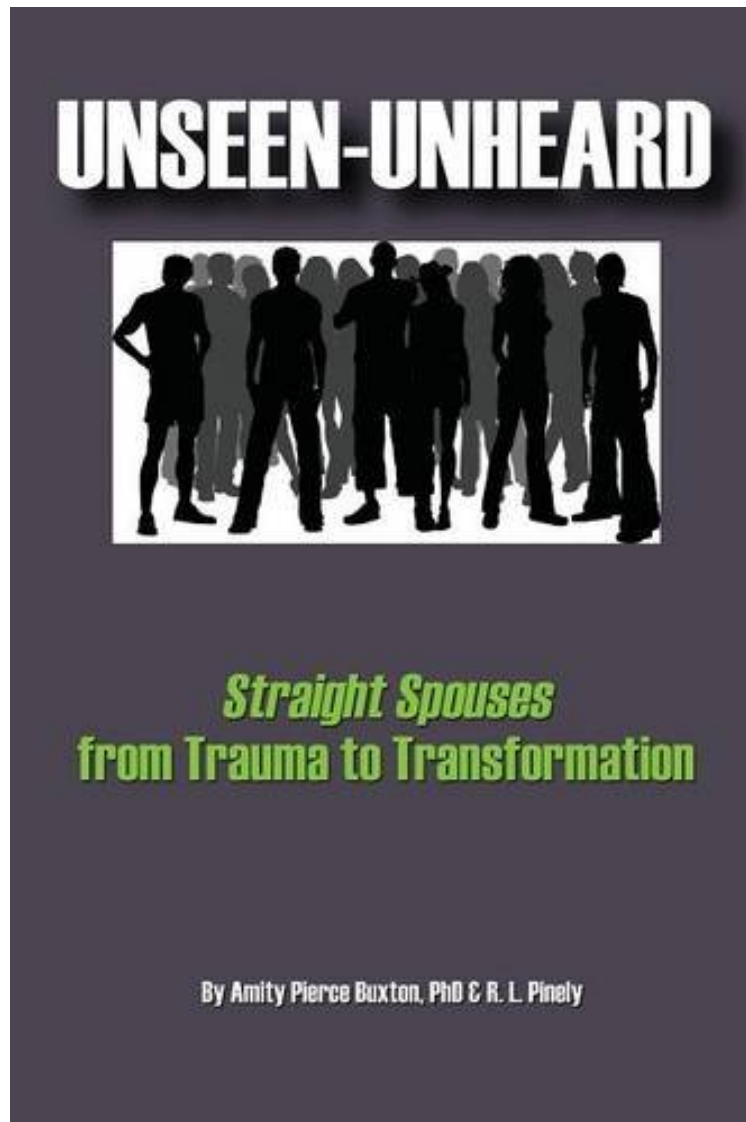


(Pdf free) Unseen-Unheard: Straight Spouses from Trauma to Transformation

Unseen-Unheard: Straight Spouses from Trauma to Transformation

Amity Pierce Buxton, R. L. Pinely
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Amity Pierce Buxton, R. L. Pinely : Unseen-Unheard: Straight Spouses from Trauma to Transformation before purchasing it in order to gage whether or not it would be worth my time, and all praised Unseen-Unheard: Straight Spouses from Trauma to Transformation:

2 of 2 people found the following review helpful. Lots of Great Experiential StoriesBy WidneyWomanIt was a LOT of great real life stories. I have my own story so I get it. It would have been nice to have had a wrap up at the end of every few stories or a discussion on next steps or processes. I could have (and have) gotten lots of stories from online

support groups. When I read a book, I'm looking for the author's opinions and research to tie it all together. 1 of 1 people found the following review helpful. RevealingBy Helen MurilloRevealing... I felt understood and, at last, identified with all who have been through this ordeal... I'm not alone. 1 of 1 people found the following review helpful. Five StarsBy KimWonderful resource for those who need help and support

When presumably heterosexual spouses turn out to be gay, lesbian, bisexual, or transgender, the unexpected revelation overshadows its devastating impact on their straight wives and husbands. *Unseen-Unheard* opens the window on their remarkable journeys from trauma to transformation. What would you do if your husband said he'd fallen in love with a man or thinks he might be gay or bisexual, or you discovered your wife's texts, photos, or emails indicating she has a female lover and wonders if she might be lesbian or bisexual? Well, this happens, a shattering reality that at least two million men and women have faced and tried to understand and accept, even as we were unseen and our voices unheard. Who are we? We are husbands and wives left behind when our spouses came out or after we discovered they were gay, lesbian, bisexual, or transgender. Shocked and paralyzed, swirling in the devastating wake of our beloveds' revelation, we had to pick up unrecognizable pieces of our former lives and try to reconfigure them without much outside support, recognition, or understanding of the depth of the crisis. Yes, straight spouses typically cope alone with unique issues of sexuality, betrayal, and broken belief systems. Slowly, we redefine ourselves, create new lives, affirm the joy of living, and reap life's infinite possibilities. We invite you to walk with us and experience our journey from the first desperate cries of discovery or disclosure to insights and wisdom gained as we resolve our issues and transform our lives. As you observe and listen, we hope you will embrace the courage, creativity, and resilience of our strength, which we didn't know we had, yet was so powerful that lifelong habits were broken and we uniquely and marvelously became who we were meant to be. About the Authors: Amity Pierce Buxton, her Ph.D. from Columbia University, has taught grades pre-school through graduate school. Member of the American Psychological Association, she serves on the editorial boards of the *Journal of Bisexuality* and the *Journal of GLBT Family Studies* and on the board of the Catholic Association for Gay and Lesbian Ministry. She wrote *The Other Side of the Closet: the Coming-Out Crisis for Straight Spouses and Families* and founded the worldwide Straight Spouse Network. Currently, she counsels spouses and couples, conducts research, writes articles and chapters, lectures, and gives workshops on all aspects of the impact of a spouse's coming out in a mixed-orientation or transgender/non-transgender marriage. R. L. Pinely writes, "Collaborating with Amity to write this book has been an amazing journey. Absorbing her expertise has been a rare privilege as we lived vicariously through the lives of others and walked in their shoes. As owner of an online support group, I'm so thankful that I have the opportunity every day to pass along her wisdom, insight, experience, and understanding to nearly 3,000 women." Visit the Straight Spouse Network website: www.straightspouse.org