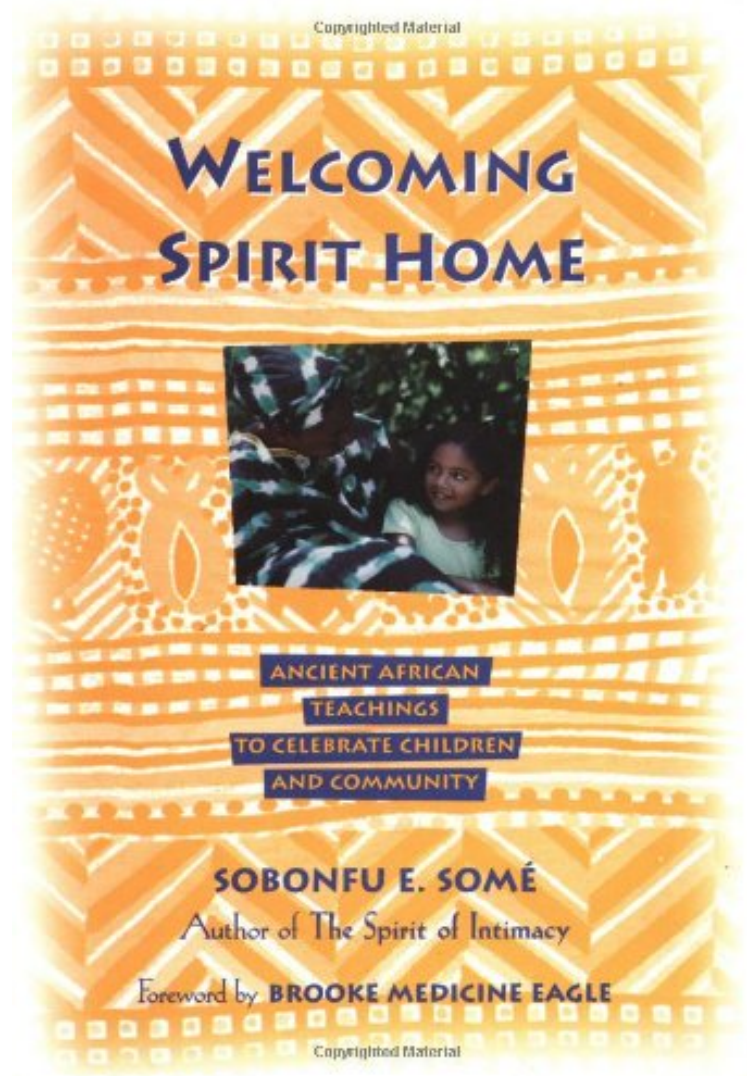


[Free pdf] Welcoming Spirit Home: Ancient African Teachings to Celebrate Children and Community

Welcoming Spirit Home: Ancient African Teachings to Celebrate Children and Community

Sobonfu E. Some

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#1288026 in Books New World Library 1999-09Ingredients: Example IngredientsOriginal language:EnglishPDF # 1 .67 x 5.37 x 7.55l, #File Name: 1577310098141 pagesAncient African Teachings to Celebrate Children and CommunityAfrican American / Spirituality | File size: 16.Mb

Sobonfu E. Some : Welcoming Spirit Home: Ancient African Teachings to Celebrate Children and Community before purchasing it in order to gage whether or not it would be worth my time, and all praised Welcoming Spirit Home: Ancient African Teachings to Celebrate Children and Community:

8 of 8 people found the following review helpful. Be nourished by this wonderful bookBy Wendy Anne McCarty PhD RNI am deeply grateful to Some for writing Welcoming Spirit Home and sharing how her community prepares for,

welcomes, and supports babies and families having babies. I have worked with families for over 30 years as an ob nurse, childbirth educator, marriage and family therapist, prenatal and birth therapist for babies and children, graduate school professor and family consultant. In my research and writing a new model of early development that recognizes our fundamental spiritual nature and "new ways" to support our babies' whole self, I find Some's community has been practicing these principles for generations. When I read this book, I wept for the beauty of her message. I highly recommend this book to help us all remember more of our innate knowing of life, of babies, of connected living. Prenatal and perinatal psychology is the new field that is revealing more and more in our western ways how conscious, aware, and sensitive prenatals and babies are. Our western science is coming full circle to remember how to welcome consciousness. Some's book holds gems of how her community honors and prepares for this sacred passage of the spiritual being into human life. I imagine reading this book on a picnic in nature and being nourished by this beautiful message. 0 of 0 people found the following review helpful. I read this in two sittings - hard to put ...By Ann LaddI read this in two sittings - hard to put it down. In a clear and personal style, Some presents a humanized and humanizing culture that we call primitive and that I call advanced. 0 of 0 people found the following review helpful. Five StarsBy Sophia Estrada-FigueroaValuable descriptive explanation and confirmation of our acceptance of life.

A natural sequel to Sobonfu Some's book on ritual and intimacy, *Welcoming Spirit Home* draws on the wisdom of the African ancestors to show how to build communities where children are not only welcomed but prized. The author demonstrates how ritual and the spirit can be used to enrich daily life.

.com On a spiritual and global level, readers would be hard-pressed to find a better book on family values than *Welcoming Spirit Home*. Author Sobonfu Some, whose name means "keeper of rituals," narrates this collection of stories and traditions from her native tribe--the Dagara of Burkino Faso, Africa. Children are considered the soul of each village, according to the Dagara people, and as a result the tribe has numerous rituals that celebrate the arrival and raising of young ones. Page by page, Some explains these many exotic and loving rituals--from helping grandparents and babies bond to activities that support a "child's sense of worth." Even a woman's conception is cause for enormous community pride. Elders bathe the mother-to-be, dress her up, and then "introduce her and the incoming soul to the community." Everyone kisses her belly and sings songs of welcoming and joy. The tribe's simplistic lifestyle and genuine happiness seem to stem from its strong connection to the earth as well as the honoring of all tribal people--even the unborn. "This is a teacher who can help us put together so many things that our modern Western World has broken," according to jacket quote by Alice Walker. This is, in fact, Some's underlying mission--with the entire back section devoted to how readers can adapt these beautiful Dagara rituals into a Western lifestyle. --Gail Hudson