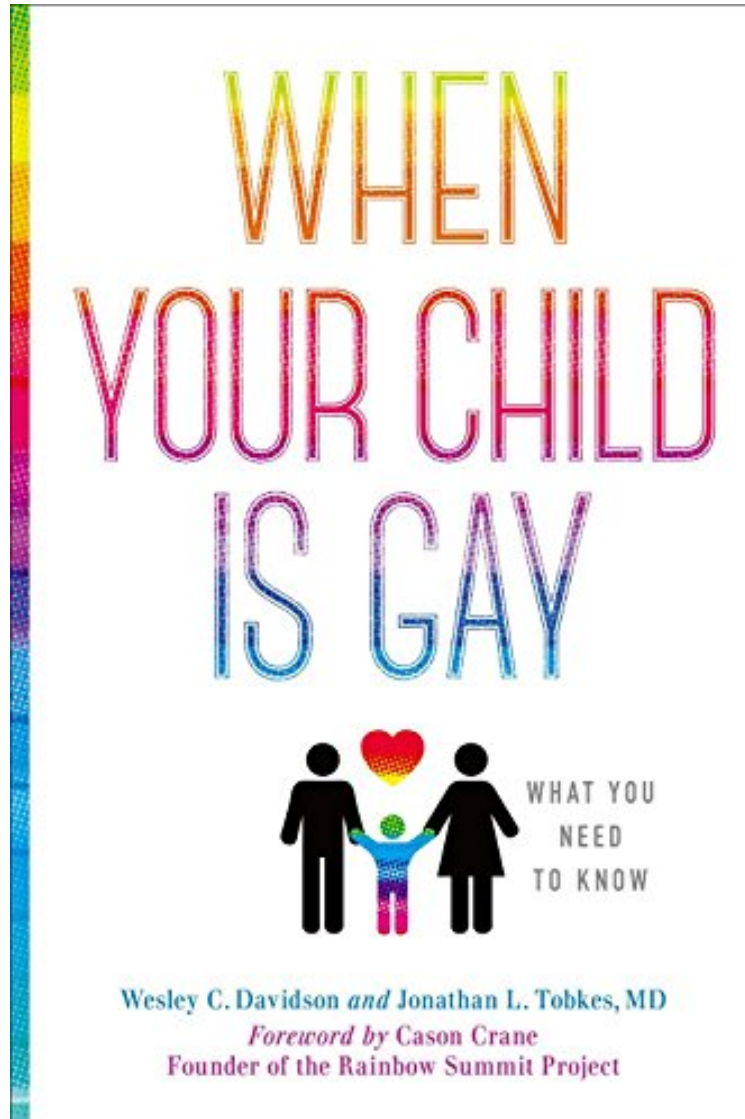


(Download pdf ebook) When Your Child Is Gay: What You Need to Know

When Your Child Is Gay: What You Need to Know

Wesley C. Davidson, Jonathan L. Tobkes MD
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Wesley C. Davidson, Jonathan L. Tobkes MD : When Your Child Is Gay: What You Need to Know before purchasing it in order to gauge whether or not it would be worth my time, and all praised When Your Child Is Gay: What You Need to Know:

0 of 0 people found the following review helpful. Recommended for AllBy EBLOIt doesn't matter if you have a gay child or not Wesley Davidson and Jonathan Tobkes book: 'When Your Child Is Gay: What You Need to Know' should be read by all. It is organized by themes (guilt, denial, anger, acceptance, etc) with Ms. Davidson making an introduction, presenting a profile of a parent or child, and a section called: 'The Doctor Is In' in which Dr. Tobkes

discusses the issues from a psychiatrist's perspective. They have done a terrific job. As a psychotherapist and as the parent of a child who is gay, I recommend this book from my professional and personal experiences. LBLO, LCSW, NYC1 of 1 people found the following review helpful. An essential guide for parents of LGBT kids and teensBy Phyllis L. SchneiderParenting a teen is hard. Being a teen is even harder. From dealing with confusing hormonal and physical changes to coping with peer pressure (especially the need to "fit in") and parental expectations, a teenager's life can be an emotional rollercoaster. And if the adolescent is gay, lesbian or bisexual, the ride will probably be tumultuous.How parents handle a child's "coming out," how they deal with their own preconceived expectations of "who" and "what" that child should be, and whether they can unwaveringly love, support, protect, and gently guide their child in a society that has yet to accept alternative lifestyles as normal is crucial.If a gay, lesbian, or bisexual teen could hand their parents a comprehensive manual that would help them understand, navigate, and wisely deal with the challenges that both they and their parents face, that guidebook would be *When Your Child Is Gay* by Wesley C. Davidson and Jonathan L. Tobkes, M.D., a psychiatrist affiliated with The New York-Presbyterian/Weill Cornell Medical Center in Manhattanwho also happens to be gay. Combining advice from parents and teens who've "been there" with guidance from a doctor who has not only accepted his sexuality, but celebrates it, *When Your Child Is Gay* will make a bumpy ride a whole lot smoother.Phyllis Schneider has served as editor in chief of YM magazine, fiction and teen features editor at Seventeen, and was a contributing editor at Parents magazine. She is the co-author of *Straight Talk on Women's Health: How to Get the Health Care You Deserve!* and has written extensively about adult and children's health for numerous national magazines.0 of 0 people found the following review helpful. If you know a parent like this, regardless of the age of their childBy Karen RayneWesley C. Davidson has put together a very effective, easy-to-read support for parents who struggle when they learn that their child is gay. While for many modern parents this is an event that is taken in stride, there remain families across the United States (to say nothing of other countries) who struggle mightily with this process. If you know a parent like this, regardless of the age of their child, this is a fantastic book to recommend!The first six chapters support parents' emotional transition from a negative mindset (denial, guilt, fear, anger, shame, and loss) to a positive mindset (discovery, innocence, fearless, calm, pride, and gain). These chapters support parents in the first steps of their movement towards acceptance. The final chapter helps parents move out of acceptance and into celebration, which is what is ultimately most supportive of a parent's relationship with their child.I hope you or someone you know (or maybe even your parent!) will find Davidson's book useful.

An incredibly compelling and helpful read for parentsor anyone out therewho would like to learn more about the dual processes of raising a gay or lesbian child and growing up as gay or lesbian. Cason Crane, Founder of The Rainbow Summits Project and LogoTV's Youth Trailblazer Honoree, 2013 Coming out can be fraught with difficulty for both parents and childbut Wesley C. Davidson, a popular blogger on gay rights issues, and Dr. Jonathan Tobkes, a New York City-based psychiatrist, provide a road map so families can better navigate this rocky emotional terrain. Emphasizing communication and unconditional love, Davidson and Tobkes help parents untangle their own feelings, identify and overcome barriers to acceptance, encourage strong self-esteem in their child, handle negative or hostile reactions to their child's sexual identity, and more. Filled with case studies and interviews, along with useful action plans and conversation starters, this is a positive, progressive guide to raising healthy, well-adjusted adults.Winner of the National Association of Book Entrepreneurs Award for best parenting book of 2017!

About the AuthorWesley Cullen Davidson is an award-winning freelance writer and journalist specializing in parenting as well as gay and lesbian content. She has written health and childcare magazine articles for parents in such publications as *Adoptive Families*, *American Baby*, and *Good Housekeeping*, to name just a few. For the past two years, Wesley has concentrated almost exclusively on the lesbian and gay community, specifically on advising straight parents of gay children on how to be better parents and raise happy, well-adjusted adults. Ms. Davidson writes a popular blog on this topic: straightparentgaykid.blogspot.com, and was a frequent contributor to the websites gaynewspulse.com and gayagenda.com.Her guest blogs and online articles are among the most frequently visited areas on these sites. She lives in FL. Jonathan L. Tobkes, MD, is a practicing psychiatrist in Manhattan.His patients include many gay/lesbian people as well as the straight parents of lesbians and gays. Acum laudeYale University graduate, Dr. Tobkes teaches and supervises psychiatry residents at the New York-Presbyterian/Weill Cornell Medical Center in Manhattan. He lives in New York City. FOREWORD BY Cason Crane is an openly gay junior at Princeton University. He received The Trevor Project's Youth Innovator Award, 2013, for his efforts to raise over \$135,000 for the Trevor Project, a leading suicide prevention hotline. He raised the money by climbing the Seven Summits, the world's highest mountains,where he placed rainbow prayer flags. He is the founder of The Rainbow Summits Project. Learn more about him at casoncrane.com. He lives in NJ.